

St. Archangel Michael Serbian Orthodox Church



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Church Website:

<http://www.saintarchangelmichael.org>

(Also find us on Facebook)

Schedule of Services and Activities:

- **Today: Veneration of the Cross**
- The Holy **Forty Martyrs** of Sebaste (320)
- **Holy Unction Service:** St. Michael's 5:00 PM
- **Presanctified Liturgy:** Wednesday & Friday 5:00 PM
- **Tuesday:** 31 March – Family Night. Join us as we read and study **Spiritual Counsels II: Spiritual Awakening** by St. Paisios of Mount Athos.
- **Saturday March 28:** Church & grounds cleanup.
- **Diocesan Assembly:** 3-4 April, New Gracanica

Special Prayers for:

- Floyd Gorman, Hannah, Joanne Lastavich, Tom, Vi Smilanich, Betty Perell, Mike Shipka, Georgia Hydukovich, Donna Thomas, Charlie Dunn, George Cicmil, Dino Youlos
- **Someone missing?** Write it down and give to Fr. Dean
Please remember to check the "Caring Board" in the hall and also to post notices for those who are in need of prayer or visitation.

Join us for coffee hour in the fellowship hall! Make yourself friendly to any new visitors!

Confessions: Confessions can be done anytime, during some services, before or after services, or by appointment, feel free to ask even if I'm in the altar. - Fr. Dean

While Holy Communion is reserved for Orthodox Christians who prepare themselves by prayer, fasting, and recent confession; non-Orthodox visitors are welcome to come forward to venerate the cross and receive the antidoron (blessed bread) at the conclusion of the service.

Third Sunday of the Great Lent: Adoration of Cross, Troparion,

Tone I — O Lord, save Thy people and bless Thine inheritance. Grant victory over their enemies to Orthodox Christians, and protect Thy people with Thy Cross.

Kontakion, Tone IV —

O Christ our God, Who wast voluntarily lifted up on the Cross, grant Thy mercies to Thy new people named after Thee. Gladden with Thy power Orthodox Christians and give them victory over their enemies. May they have as an ally that invincible trophy, Thy weapon of peace.

Another Kontakion, Tone VII —

No longer does the flaming sword guard the gate of Eden, for a glorious extinction has come upon it, the wood of the Cross. The sting has been drawn from death and the victory from hell. And Thou, my Saviour, didst come and shout to those in hell: Enter Paradise again.

Troparion of the Sunday, Tone VII —

By Thy Cross, Thou didst destroy death! / To the thief, Thou didst open Paradise! / For the myrrhbearers, Thou didst change weeping into joy! / And Thou didst command Thy disciples, O Christ God, / to proclaim that Thou art risen, / granting the world great mercy!

Hymn to the Theotokos, Tone VII —

Since you are the treasure of our resurrection, / we put our hope in you, O all-praised one. / Lead us from the abyss of transgressions, / for you have saved those guilty of sin, / O evervirgin Mother of our salvation.

Kontakion of the Sunday, Tone VII —

The dominion of death / can no longer hold men captive, / for Christ descended, shattering and destroying its powers! / Hell is bound, while the prophets rejoice and cry: / "The Savior has come to those in faith! / Enter, you faithful, into the Resurrection!

The 40 Martyrs of Sebaste, Troparion, Tone I —

By the pangs of Thy saints/ wherewith they suffered for Thee,/ be entreated, O Lord, and heal all our pains// O Thou Who lovest mankind.

Kontakion, Tone VI —

Having left all the army of the world,/ ye did cleave unto the Master in the heavens, O forty passion-bearers of the Lord;/ for, having passed through fire and water, O blessed ones,// as is meet ye received glory from the heavens and a multitude of crowns.

Epistle **Hebrews 4:14-5:6**

14 Since then we have a great high priest who has passed through the heavens, Jesus, the Son of God, let us hold fast our confession. 15 For we have not a high priest who is unable to sympathize with our weaknesses, but one who in every respect has been tempted as we are, yet without sin. 16 Let us then with confidence draw near to the throne of grace, that we may receive mercy and find grace to help in time of need. 1 For every high priest chosen from among men is appointed to act on behalf of men in relation to God, to offer gifts and sacrifices for sins. 2 He can deal gently with the ignorant and wayward, since he himself is beset with weakness. 3 Because of this he is bound to offer sacrifice for his own sins as well as for those of the people. 4 And one does not take the honor upon himself, but he is called by God, just as Aaron was. 5 So also Christ did not exalt himself to be made a high priest, but was appointed by him who said to him, "Thou art my Son, today I have begotten thee"; 6 as he says also in another place, "Thou art a priest for ever, after the order of Melchiz'edek."

Gospel **Mark 8:34-9:1**

34 And he called to him the multitude with his disciples, and said to them, "If any man would come after me, let him deny himself and take up his cross and follow me. 35 For whoever would save his life will lose it; and whoever loses his life for my sake and the gospel's will save it. 36 For what does it profit a man, to gain the whole world and forfeit his life? 37 For what can a man give in return for his life? 38 For whoever is ashamed of me and of my words in this adulterous and sinful generation, of him will the Son of man also be ashamed, when he comes in the glory of his Father with the holy angels." 1 And he said to them, "Truly, I say to you, there are some standing here who will not taste death before they see that the kingdom of God has come with power."

Pan Orthodox Vespers Schedule:

- March 8** St. George Serbian Orthodox Church
- March 15** St. Archangel Michael Serbian Orthodox Church
- March 22** Holy Unction Service at St. Archangel Michael
- March 29** St. Basil of Ostrog Serbian Orthodox Church

Vesper services will begin at 5:00 PM followed by a fellowship meal

The Holy 40 Martyrs martyred at Sebasteia Lake

